



# DISCOVER ȚARA HAȚEGULUI RETEZAT

CYCLING CULTURE HIKING ADVENTURE SKI TOURING EXPLORE

[www.turismretezat.ro](http://www.turismretezat.ro)





# CONTENTS

- 3 - About Țara Hațegului - Retezat
- 4 - Protected areas – Retezat National Park
- 5 - Protected areas – Hațeg Country Dinosaurs Geopark
- 6 - What to do
- 8 - A travel in time
- 10 - Flavored medieval stories
- 12 - The people of the region
- 14 - Țara Hațegului from above
- 16 - Retezat on foot
- 18 - Map of Țara Hațegului - Retezat
- 19 - About AER; About ATR



## ABOUT ȚARA HAȚEGULUI - RETEZAT

*Surrounded by mountains as if it was a real amphitheatre, Țara Hațegului - Retezat will surprise you through the diversity of the landscapes that unveil themselves at every step. The pastures and meadows make you enjoy a good view of countless flowers and butterflies and faraway, in the South, the towering Retezat peak rises covered in snow. Villages with red roofs emerge here and there, marked by the old belfry of a medieval church.*

*Placed strategically as a gateway between three historic areas (Banat, Transylvania and Oltenia), Țara Hațegului - Retezat witnessed a stormy past: from the bygone time of dinosaurs to the castles belonging to noble local families, from the ruins of the Dacians and Romans to the stories of today's inhabitants, Țara Hațegului - Retezat will surprise you! A trip here involves more than just sightseeing. You will feel, know and experiment!*

*For more details, visit: [www.turismretezat.ro](http://www.turismretezat.ro)*





The ground you are setting foot on is an extremely important one!  
Țara Hațegului – Retezat comprises extraordinary values created both by nature and humans.

## RETEZAT NATIONAL PARK



The Retezat Massif is characterized by its unique glacial landform in Romania, featuring over 20 peaks with altitudes higher than 2000 meters, multiple glacier lakes, including the largest glacier lake (Bucura) and the deepest glacier lake (Zănoaga). Moreover, one third of the plant species in Romania are to be found here (1190), out of which 90 plant species cannot be seen anywhere else in the world. At the base of the castellated heights there are virgin forests, where you will find wild animals that disappeared a long time ago from other European regions.



These values are so special that they have been recognised by UNESCO as part of the Man and Biosphere Programme and UNESCO Global Geopark.

## HATEG COUNTRY DINOSAURS GEOPARK



In the north of the massif, where Țara Hațegului with its idyllic landscapes is located, there seem to be no surprises at all. But if you are patient and leave the comfort of your car, you will discover all sorts of traces left behind by the tumultuous geological past of the Earth, with fossils of dwarf dinosaurs which are unique in the world and their natural size replicas, Roman ruins or ruins from the Medieval Ages. All these are carefully kept in the Hațeg Country Dinosaurs Geopark, an UNESCO Global Geopark.



# WHAT TO DO



CYCLING



RURAL CULTURE



HIKING



FLORA AND FAUNA  
OBSERVATION



# WHAT TO DO



RÂUȘOR ADVENTURE PARK



SKI TOURING



EDUCATIONAL PROGRAMS



PHOTO TOURS



# A TRAVEL IN TIME

## ITINERARY:

Hațeg - General Berthelot - Densuș -  
Peșteana - Sarmizegetusa - Hațeg

## TRANSPORTATION METHOD:

personal bike, car.





This time travel will take you 72 million years back in time, so that you will see dinosaur nests with authentic eggs in them, face life size dinosaurs and explore volcanoes and traces of a sea that disappeared. Approaching more recent times, you will see carnivorous plants that remained from the Ice Age, from 10,000 years ago and then you will also discover traces of Romans, dating back to Antiquity, together with the first Christian convents.

### ATTRACTIONS:

- ✓ The exhibition "Balauri, dragons, dinosaurs" from Hațeg, with "The Fragrant time garden" and a replica of *Balaur bondoc*;
- ✓ The Science and Arts Center of the Geopark in G. Berthelot where you will see dinosaur nests and the life size replica of two dinosaurs: *Magyarosaurus dacus* and *Zalmoxis robustus*;
- ✓ The Densuș church, with its unusual aspect and a controversial history;
- ✓ The Densuș volcano house, with a rich educational program offer for children and families;
- ✓ Țara Hațegului Village Museum in Peșteana;
- ✓ Tăul fără Fund (the Peșteana swamp) and carnivorous plants;
- ✓ Sarmizegetusa Ulpia Traiana, the capital of Roman Dacia, and the Archaeology Museum.

A detailed description of the trail can be found here:  
[turismretezat.ro/en/trip-ideas/](http://turismretezat.ro/en/trip-ideas/)







# FLAVORED MEDIEVAL STORIES

## ITINERARY:

Hațeg - Ohaba de sub Piatră - Sălașu de Sus - Mălăiești - Hațeg

## TRANSPORTATION METHOD:

public transport



*The trail begins with a foray into the period of the Late Middle Ages, the perfect occasion for you to get to know the great people of the noble families of the Hațeg region and the monuments built by them. You will see both ruins and a restored fortress. If you will visit us during springtime, Poiana cu Narcise (The clearing with daffodils) will tell you a beautiful story about how the rocks of the Retezat and the last Ice Age are connected to daffodils and other rare plants.*

*If you are around, do not miss the chance to taste the famous Sălaș virșli (a special type of sausages)! And in order for your experience to be complete, we recommend a glass of brandy!*

### **ATTRACTIONS:**

- ✓ Poiana cu Narcise (The clearing with daffodils) in Sălașu de Sus (they usually bloom mid May);
- ✓ The Mălăiești fortress, a small fortress meant to mediate local conflicts, that has been completely restored;
- ✓ The Noble Court citadel in Sălașu de Sus, currently in ruins, was the residence during times of peace of the noblemen who also possessed the Mălăiești fortress.

*A detailed description of the trail can be found here:  
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# THE PEOPLE OF THE REGION

## ITINERARY:

Hăteeg - Sântămăria Orlea - Sânpetru  
Ohaba Sibișel - Reea - Hăteeg

## TRANSPORTATION METHOD:

bike



*Țara Hațegului is an UNESCO Global Geopark not only thanks to its natural values, but also thanks to its special communities. Here, you can still find remarkable people, keepers of ancient habits and forgotten crafts.*

*We encourage you to approach the locals you meet, gates and souls will open if you do so! The locals are also the ones who made the first discoveries of dinosaur fossils, out of curiosity and looking back at the distant past, so that many local references complete the scientific designations. Find out their story at the House of Dwarf Dinosaurs.*

### **ATTRACTIONS:**

- ✓ The Sântămăria Orlea church, the biggest stone church in the region and the Sânpetru church;
- ✓ The House of Dwarf Dinosaurs, with a reconstruction of a paleontological site, the skeleton of a carnivorous dinosaur and its life size replica;
- ✓ The House of Traditions, which tells the story of the community's people, their traditions and their handicrafts;
- ✓ The Dinosaurs Valley, the place where the first paleontological discoveries were made;
- ✓ The House of Stones, presenting the secret life of rocks.

*A detailed description of the trail can be found here:  
[turismretezat.ro/en/trip-ideas/](http://turismretezat.ro/en/trip-ideas/)*





# ȚARA HAȚEGULUI FROM ABOVE



## ITINERARY:

Samizegetusa – Glopotiva – Brazi – Râu  
de Mori – Colț – Suseni – Râușor

## TRANSPORTATION METHOD:

mountain bike



*You will visit places where history interlaces with local legends. The challenging trail will leave you breathless, but the adrenalin lovers will go all lengths and take up the challenge. Once arrived above the Clopotiva village, you will enjoy the staggering view over Țara Hațegului, as seen by the hundreds of paragliding pilots who come from all over the world.*

*On the nearby mountain ridge, you will be able to discover the ruins of the Colț citadel, which is said to have been an inspiration source for Jules Verne. The Colț monastery, place of worship and source of tales and medieval legends, is located down this mountainside.*

### **ATTRACTIONS:**

- ✓ The History Museum and the archeological site Ulpia Traiana Sarmizegetusa;
- ✓ The Clopotiva village and the take off point for paragliding pilots coming from all over the world, with a panoramic view over the entire Țara Hațegului region;
- ✓ The Colț citadel, inspiration source for The Carpathian Castle by Jules Verne;
- ✓ The Colț monastery, with its fortified tower;
- ✓ The Râușor adventure park, located in front of the Mountain Rescue headquarters, with an aerial trail for children and adults.

*A detailed description of the trail can be found here:  
[turismretezat.ro/en/trip-ideas/](http://turismretezat.ro/en/trip-ideas/)*





A woman and a child are hiking across a rustic log bridge in a lush forest. The woman, on the left, wears a pink shirt, dark pants, and a red backpack, using trekking poles. The child, on the right, wears a blue shirt, light pants, a blue backpack, and a white bucket hat, also using trekking poles. The bridge is made of a large log supported by wooden posts. The background is filled with dense green foliage and trees.

## RETEZAT ON FOOT

### ITINERARY:

Râușor - Lacul Ștevia - Șaua Lolaia - Vârful Retezat - Culmea Lolaia - Râușor

### TRANSPORTATION METHOD:

On foot



*The Retezat has a considerable number of trails that you can venture into, but our proposal is focused on what you can experience on this mountain in a single day. If you start your hike in Râușor (reachable by car), you will see some of the famous glacial lakes, you will climb on boulders thundered down by glacial erosion and reach the most famous mountaintop, source of legends in itself.*

*Take the necessary equipment with you and keep an eye on the weather forecast. You will feel the harshness of the mountains once on the top of Retezat, which is almost 2500 meters high.*

## **ATTRACTIONS:**

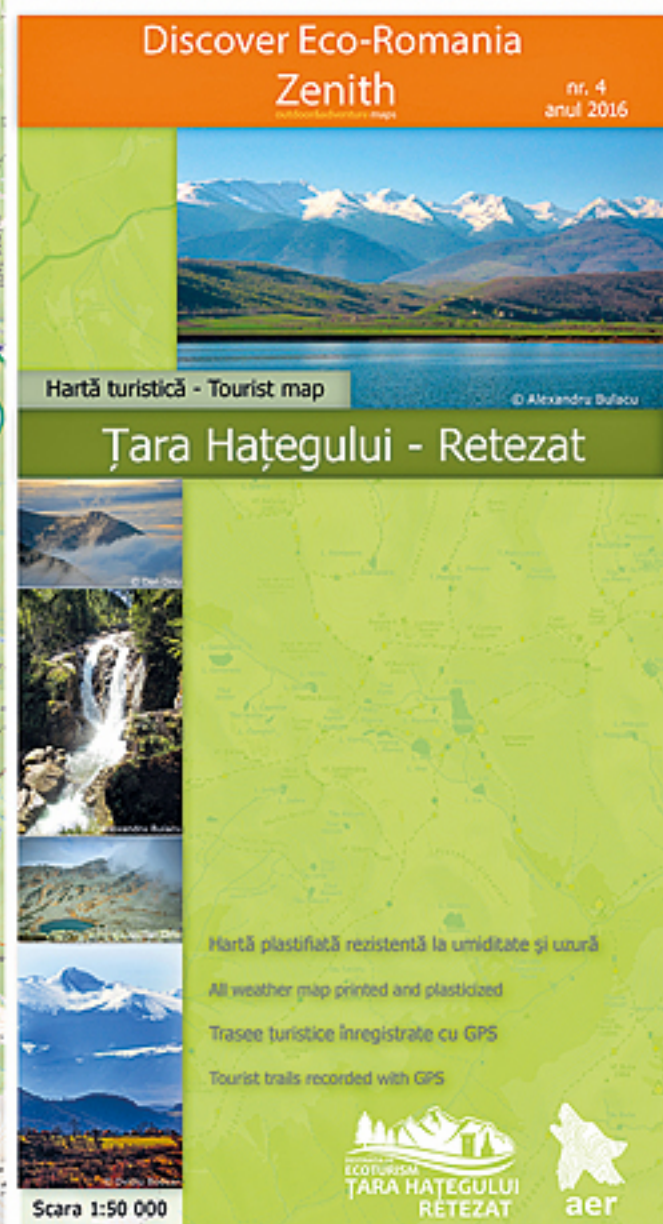
- ✓ The spectacular glacial landform in Retezat, shaped by the glaciers from the last Ice Age;
- ✓ The Ștevia lake, situated at the base of the Retezat peak;
- ✓ The Retezat peak, the third highest peak of the massif;
- ✓ The Râușor adventure park, located in front of the Mountain Rescue headquarters, with an aerial trail for children and adults.

*A detailed description of the trail can be found here:  
[turismretezat.ro/en/trip-ideas/](http://turismretezat.ro/en/trip-ideas/)*





# MAP OF ȚARA HAȚEGULUI RETEZAT



Țara Hațegului - Retezat Map is available in Discover Eco-Romania - Zenith Maps collection. The maps from this collection are created taking into consideration the needs of those who enjoy nature by practising low-impact activities such as: hiking, cycling, ski-touring, etc. The maps have a high quality standard and are resistant to weather conditions and wind, the routes are recorded by GPS, and the graphics and type are of the best quality.

AER is in partnership with Zenith Maps for creating Discover Eco-Romania collection of ecotourism maps, to promote ecotourism destinations in Romania.

The map is available in different places of the destination and on [www.eco-romania.ro](http://www.eco-romania.ro).



## ABOUT AER

*AER (The Association of Ecotourism in Romania) brings together the public and private sector in an innovative way, creating a partnership aimed at nature conservation and the development of sustainable tourism. AER contributes to the quality improvement of ecotourism services and promotes nature as an essential element in Romania's image as a tourist destination.*

*AER aims at improving the quality of ecotourism services and developing the infrastructure of ecotourism destinations, contributing to nature conservation and sustainable development in Romania.*

*[www.asociatia-aer.ro](http://www.asociatia-aer.ro)*



## ABOUT ATR

*The Retezat Tourism Association, founded in 2007, is the management center primarily aimed at developing and promoting the Țara Hațegului – Retezat ecotourism destination.*

*This is the only ecotourism destination with two sites of international importance on its territory, part of the UNESCO World Heritage: the MAB Biosphere Reserve, part of the Retezat National Park and the Hațeg Country Dinosaurs UNESCO Global Geopark.*







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